

TRAVEL INSTRUCTIONS



Travel Details

Make sure to travel comfortably, as you'll sleep in the clothes you arrive in your first night at Cape May. Please wear your athletic shoes.

Upon arrival at the Philadelphia Airport, all recruits must report immediately to the USO, within the secured side of the airport (not the ticket counter side or the baggage claim side). Follow airport signs or ask a TSA agent for the location of the USO.

The USO phone number is 215-365-8889.

Dinner will not be served at TCCM on Tuesday Night. Recruits are expected to use their green light cards to eat their evening meal prior to arrival at Philadelphia. If you arrive at the Philadelphia Airport and have not yet eaten dinner, please go directly to the USO and the staff will assist you in accessing available meal options.

Baggage

Carry your bag onto the plane, unless the airline requires you to check it. Should this occur, report immediately to the Philadelphia USO. They will assist you in reclaiming your bag. **DO NOT EXIT THE SECURE SIDE OF THE TERMINALS.**

Whether you fly or are driven to the airport, all recruits must comply with TSA guidelines regarding liquid products/containers. You must pass through TSA security check points (either in Philadelphia or originating airport) to enter the secured side where the USO is located. Any container of liquid in excess of TSA guidelines will be confiscated.

Forming Details

When you arrive at Cape May, you'll go through:

- Administrative processing
- Medical and dental screenings
- Urinalysis*
- Weigh-in
- Uniform issue
- Haircuts (male only)
- Physical fitness assessment (Friday morning)**

**Even though some substances, e.g., marijuana, may be legal under state laws, a positive urinalysis test for controlled or illegal substances under federal law may be grounds for discharge.*

***Failure to meet the physical fitness standards of the bent-knee plank, push-ups, and the 1.5-mile run may result in being held in Week 1 until successful completion of the assessment, being placed in physical fitness remedial training, or being discharged.*

Shaving

Males should arrive clean-shaven. If you have a beard, please remove before arrival or trim as low as possible. The Barbershop will charge you if you are unable to shave your beard off with a razor, and they are only authorized to trim your beard to ¼ inch. You will still be required to shave completely.

Flu Vaccine

The Flu Vaccine is highly recommended to all applicants at least 2 weeks prior to shipping to TCCM. Those that have not received a Flu Vaccine will be required to receive once they arrive at TCCM. Ensure your recruiter uploads your vaccination record in MHS GENESIS at MEPS.

If you experience ANY travel disruptions (delays, cancellations, etc.), YOU MUST CALL YOUR RECRUITER.

- **If you cannot get in touch with your recruiter, call CG ASC Accessions:**
 - **(713) 452-0771**
- **If you cannot get in touch with CG ASC Accessions, call Cape May:**
 - **(609) 898-6971**
 - **(609) 780-1346 (only if unable to reach the number above)**